

**DUE 1<sup>ST</sup> DAY OF SCHOOL!**



Name \_\_\_\_\_

2022-23 Grade Level \_\_\_\_\_

## SCREEN-FREE CHALLENGE

Dear Students,

I want to challenge you to be screen-free this summer. I hope you read, play outside, create, run, play and enjoy “real life.” This chart will help you recognize how many days you make the screen-free choice. This means a full day, 24 hours, of no iPhones, iPads, computers or video game devices (seeing a movie will not count against you). Highlight the days you were screen-free and calculate your grand total at the end of summer. Bring it back on the first day of school for a prize\*!

With Hope,

Mrs. Gombert

MAY/JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JULY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

AUGUST						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29					

Screen-Free Days \*

**GRAND TOTAL!**

Student Signature \_\_\_\_\_

Parent Signature \_\_\_\_\_

**\* Awards earned for 60 & above screen-free days!**