

DUE 1ST DAY OF SCHOOL!



Name _____

2023-24 Grade Level _____

SCREEN-FREE CHALLENGE

Dear Students,

I want to challenge you to be screen-free this summer. I hope you read, play outside, create, run, play and enjoy “real life.” This chart will help you recognize how many days you make the screen-free choice. This means a full day (24 hours) of no iPhones, iPads, computers or video games. Seeing a movie or television show will not count against you if it is within a 2 hour limit. If you exceed the 2 hours then the day does not count as screen-free. Highlight the days you were screen-free and calculate your grand total at the end of summer. Bring it back the first day of school (awards for 70+ screen-free days only)!

With Hope,

Mrs. Gombert

MAY/JUNE						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

AUGUST						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	SCHOOL BEGINS!					

Screen-Free Days*

GRAND TOTAL!

Student Signature _____

Parent Signature _____

*** Awards earned for 70 & above screen-free days!**